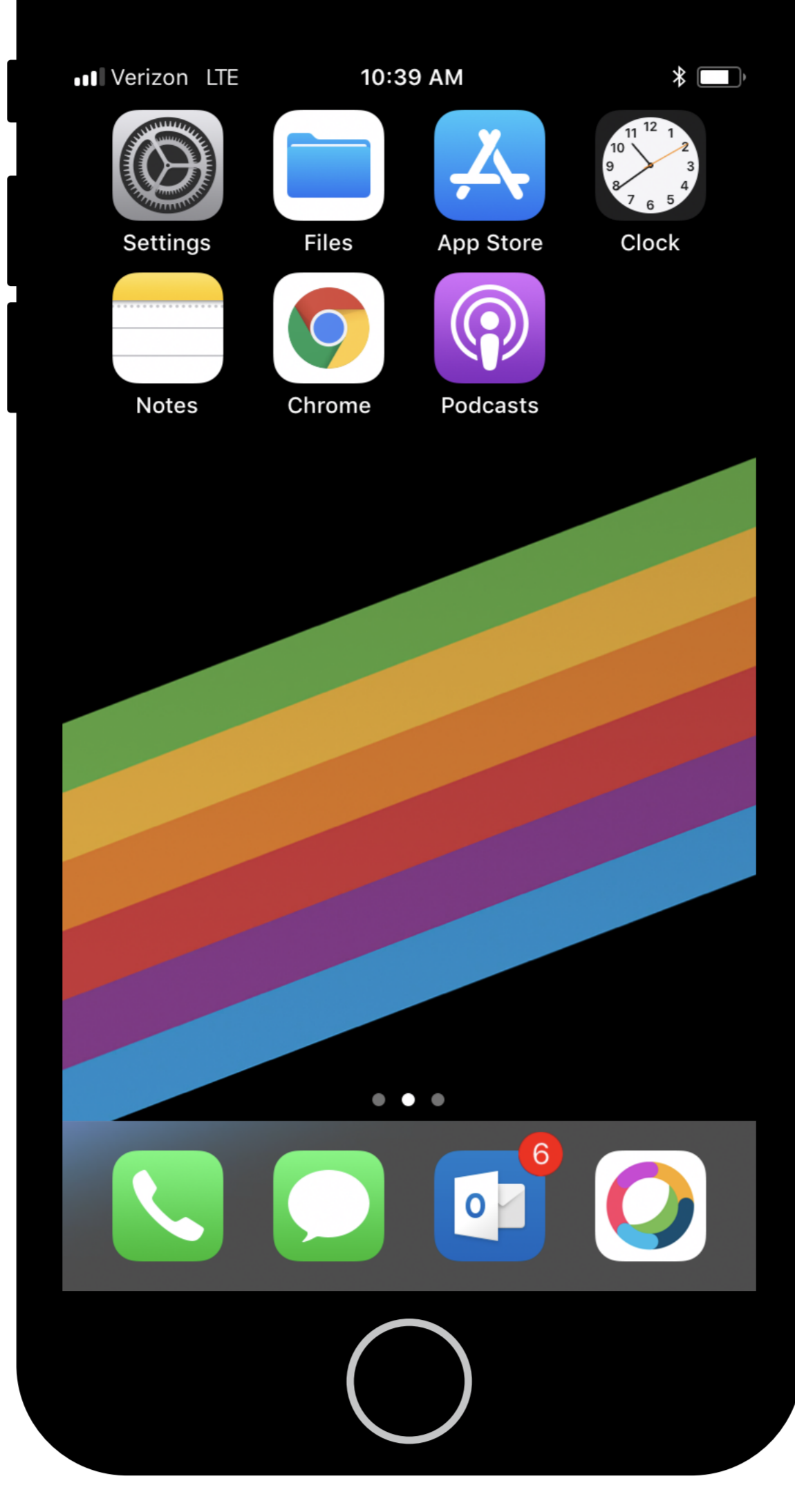
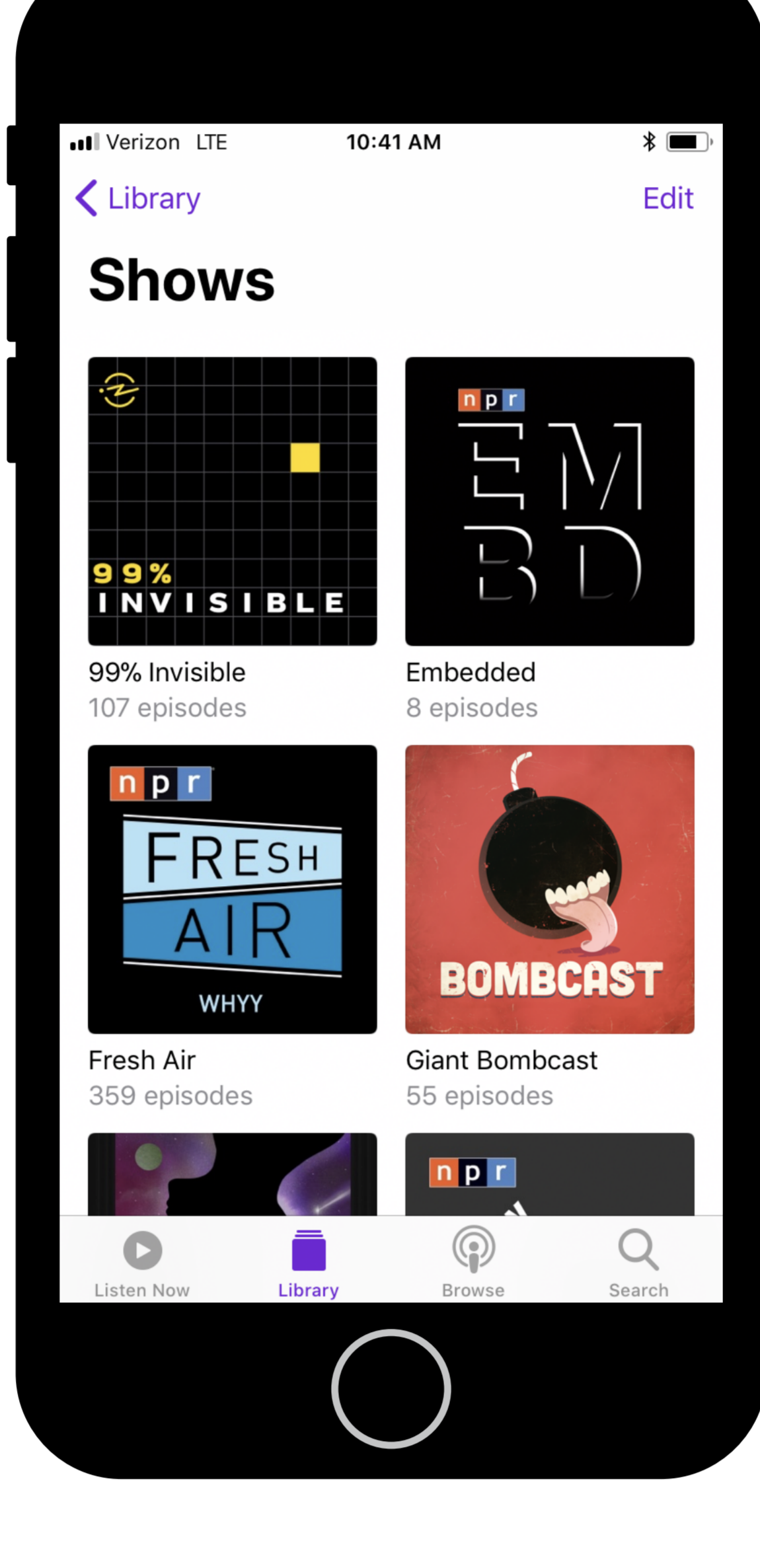


# Subscribing to The Cook Podcast on iPhone

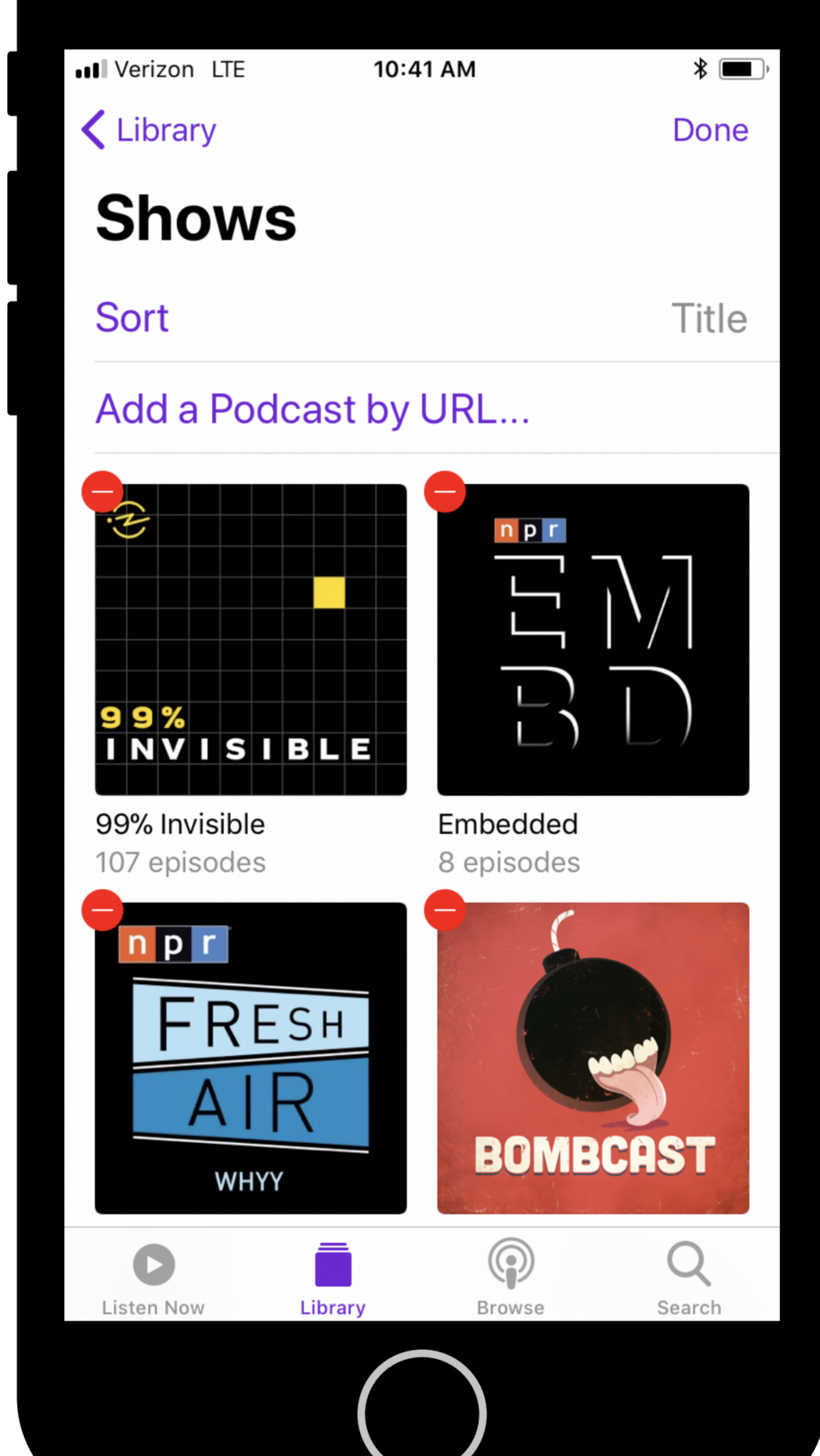
- 1 Open the **Podcasts** application.



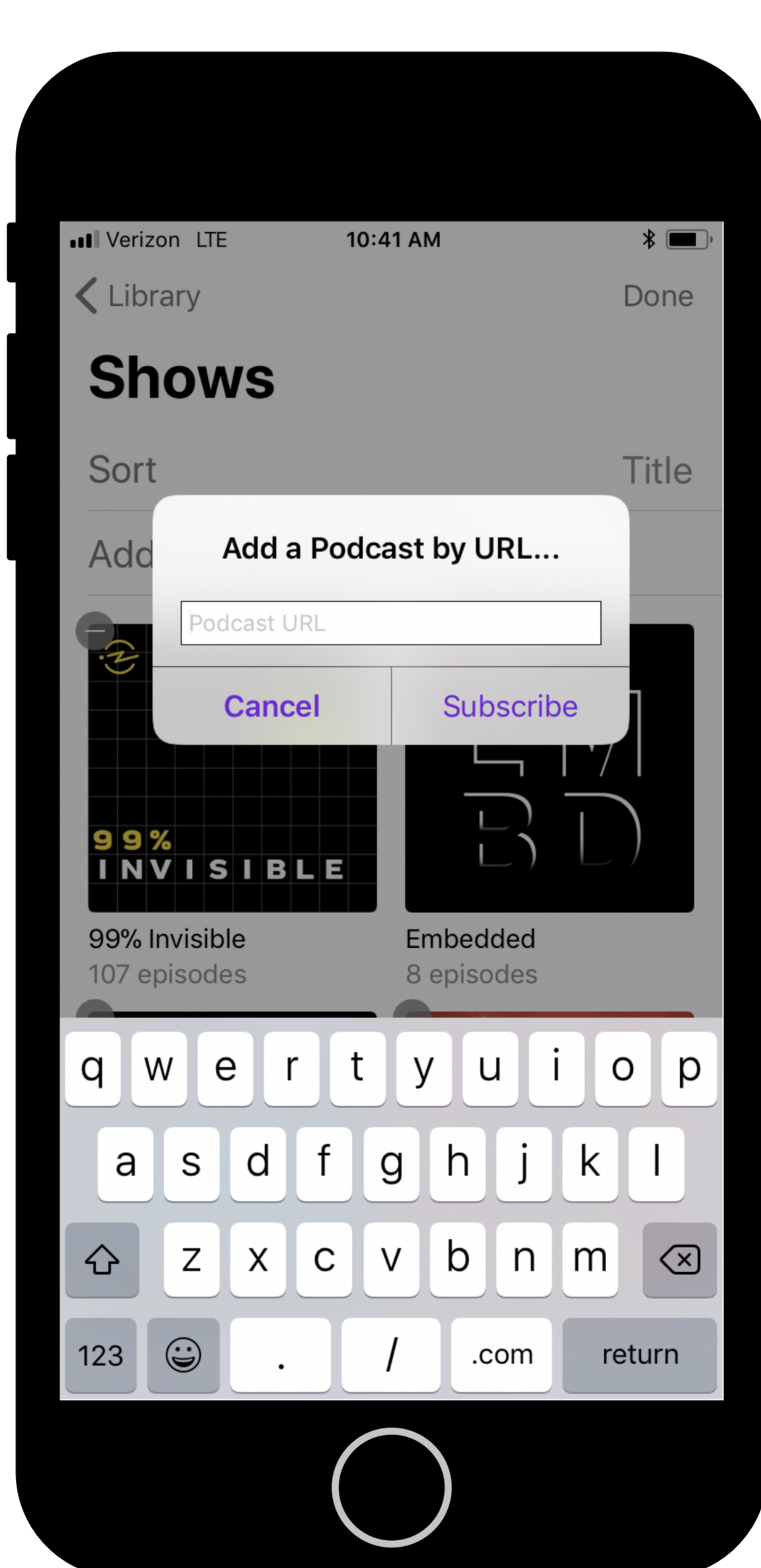
- 2 Navigate to **Library** in the bottom menu of the application.



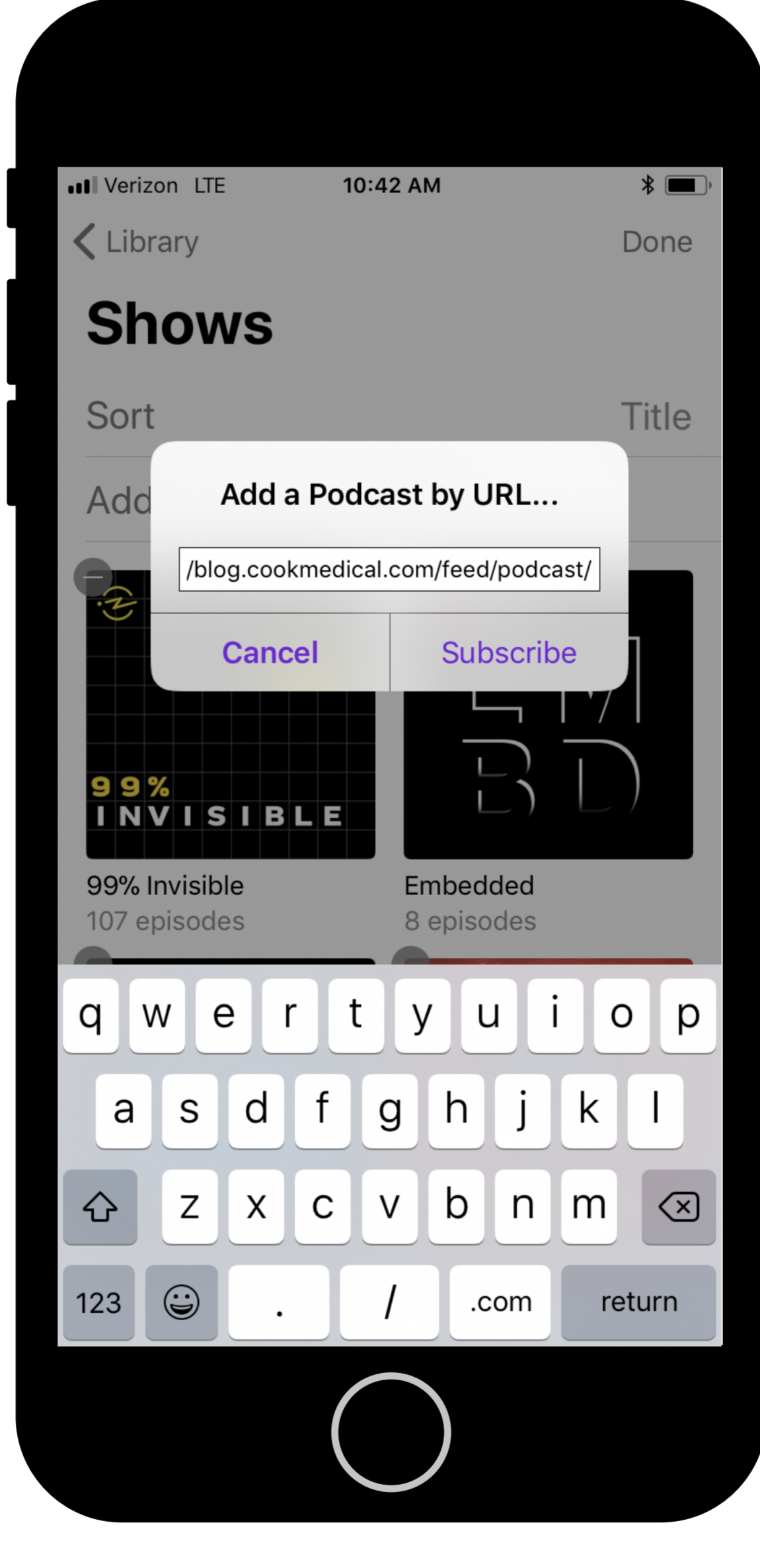
- 3 Choose **Edit** located on the top right of the application.



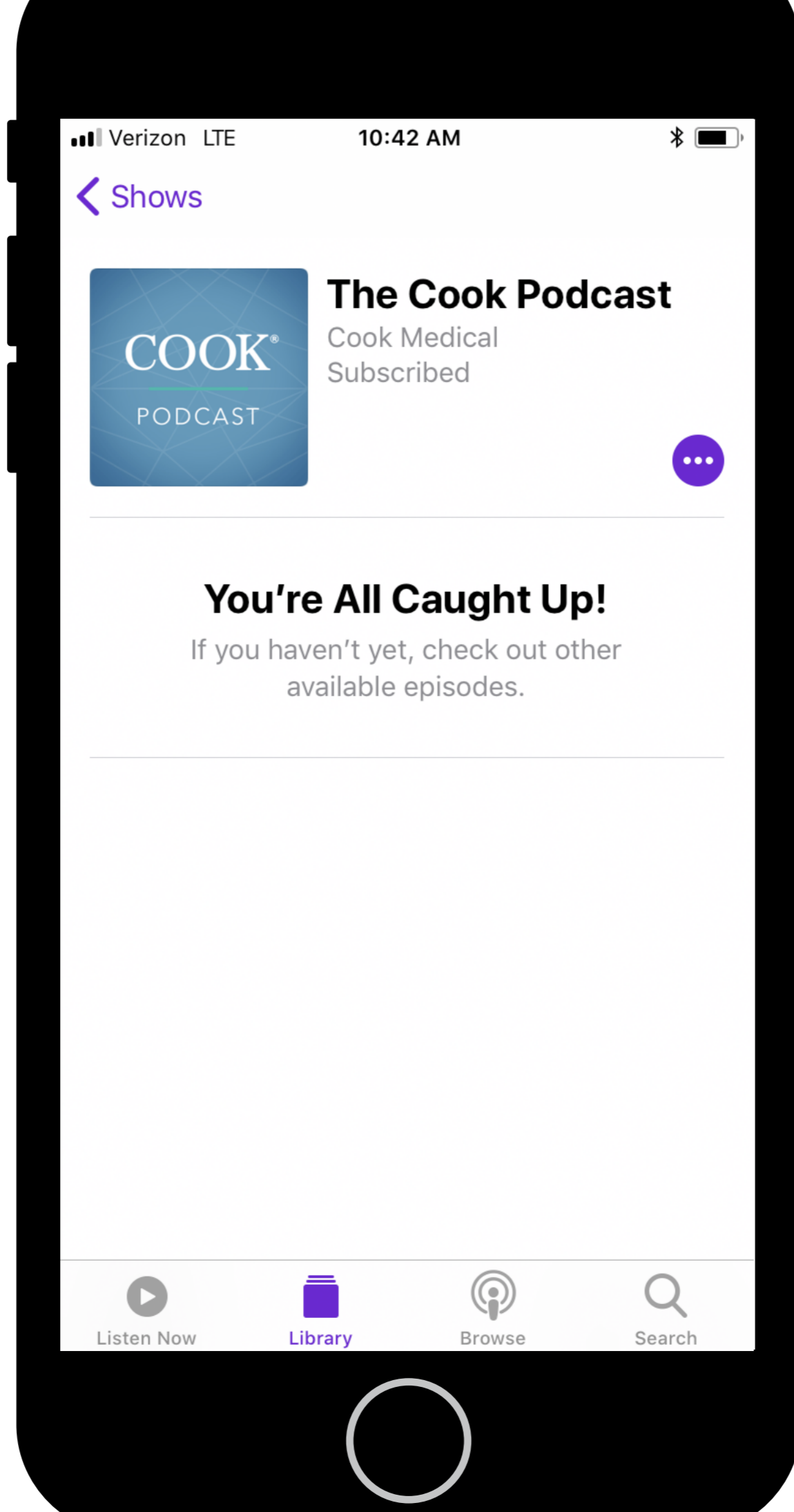
- 4 Choose **Add a Podcast by URL...** located below.



- 5 Enter <https://blog.cookmedical.com/feed/podcast/> in the form field and press **Subscribe**.

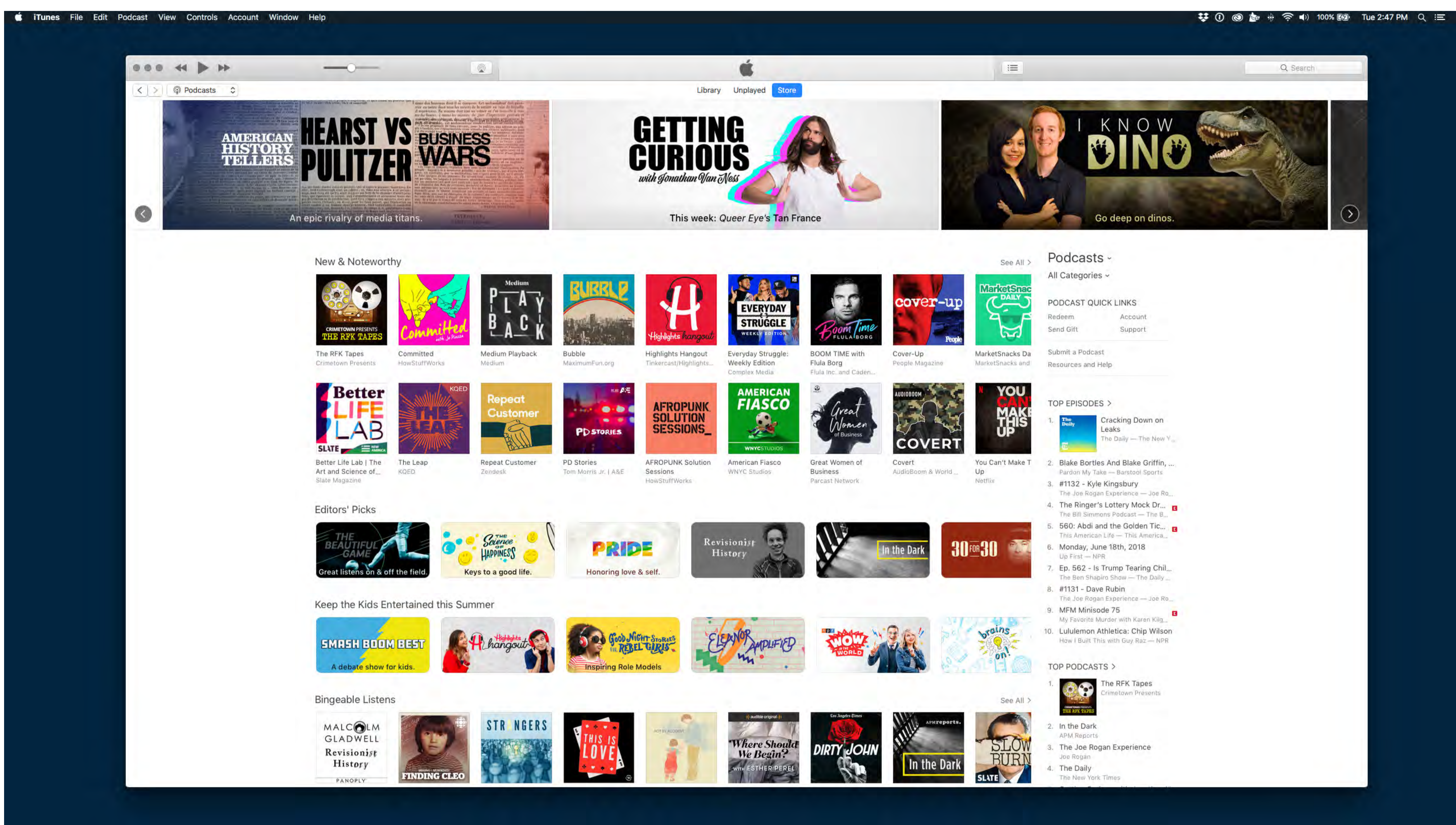


- 6 Navigate down to **The Cook Podcast** to listen to new episodes.

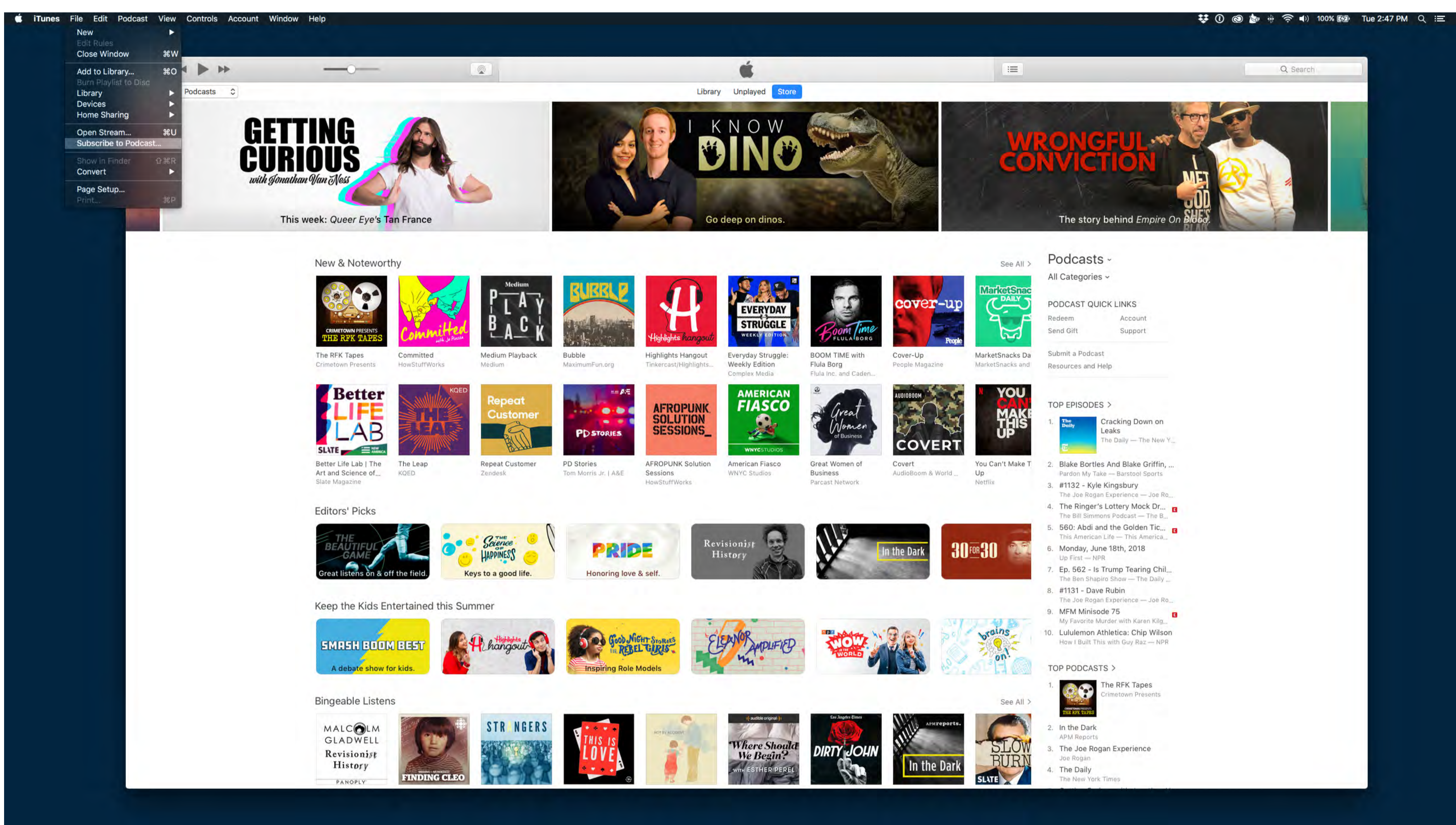


# Subscribing to The Cook Podcast on Desktop

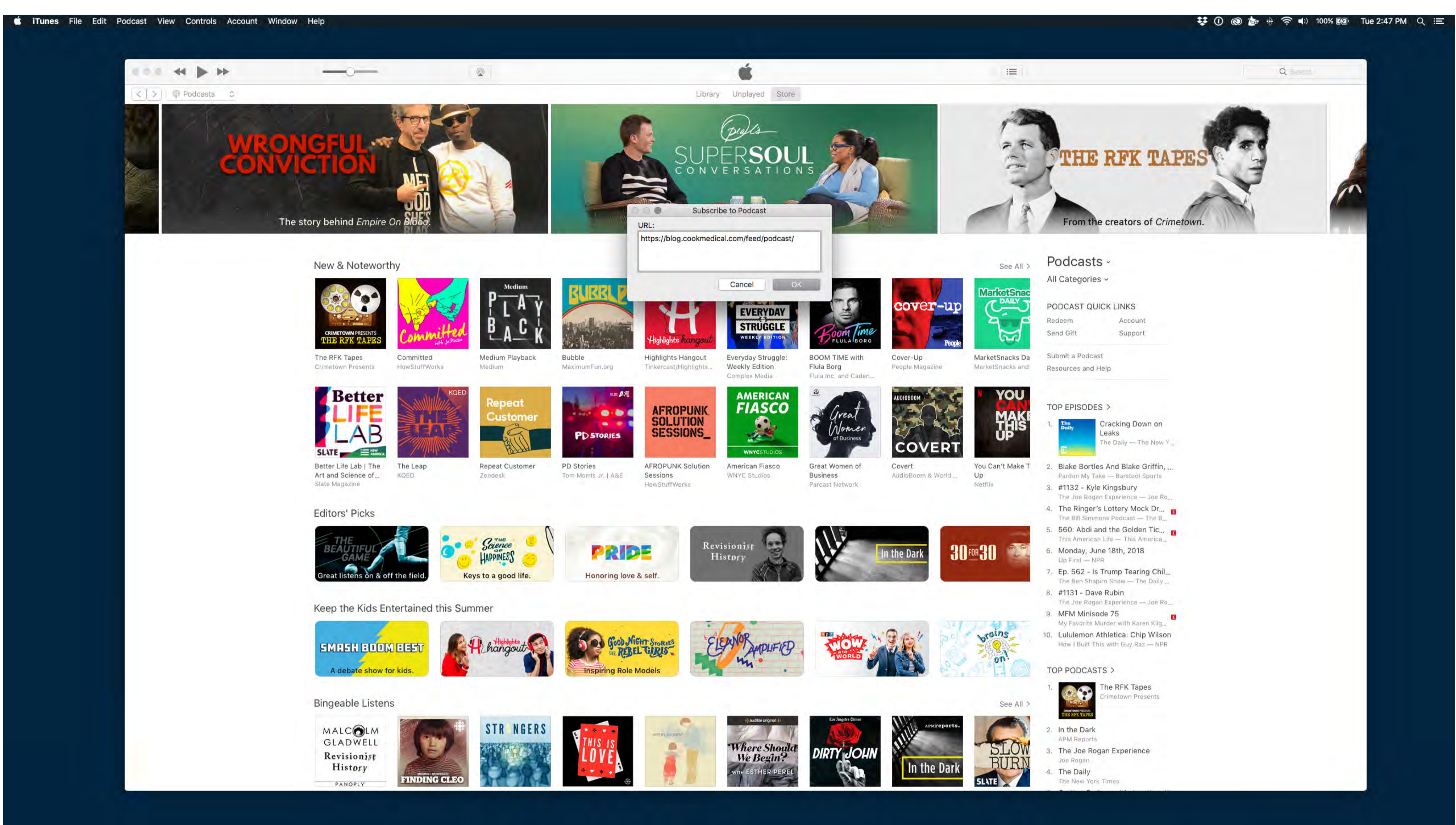
1 Open iTunes.



2 Navigate to the File menu at the top right of the screen, choose Subscribe to Podcast...



3 Enter <https://blog.cookmedical.com/feed/podcast/> in the form field and click Ok.



4 Choose Podcasts from dropdown on the top left, then choose Library from the tabs in the middle.

